



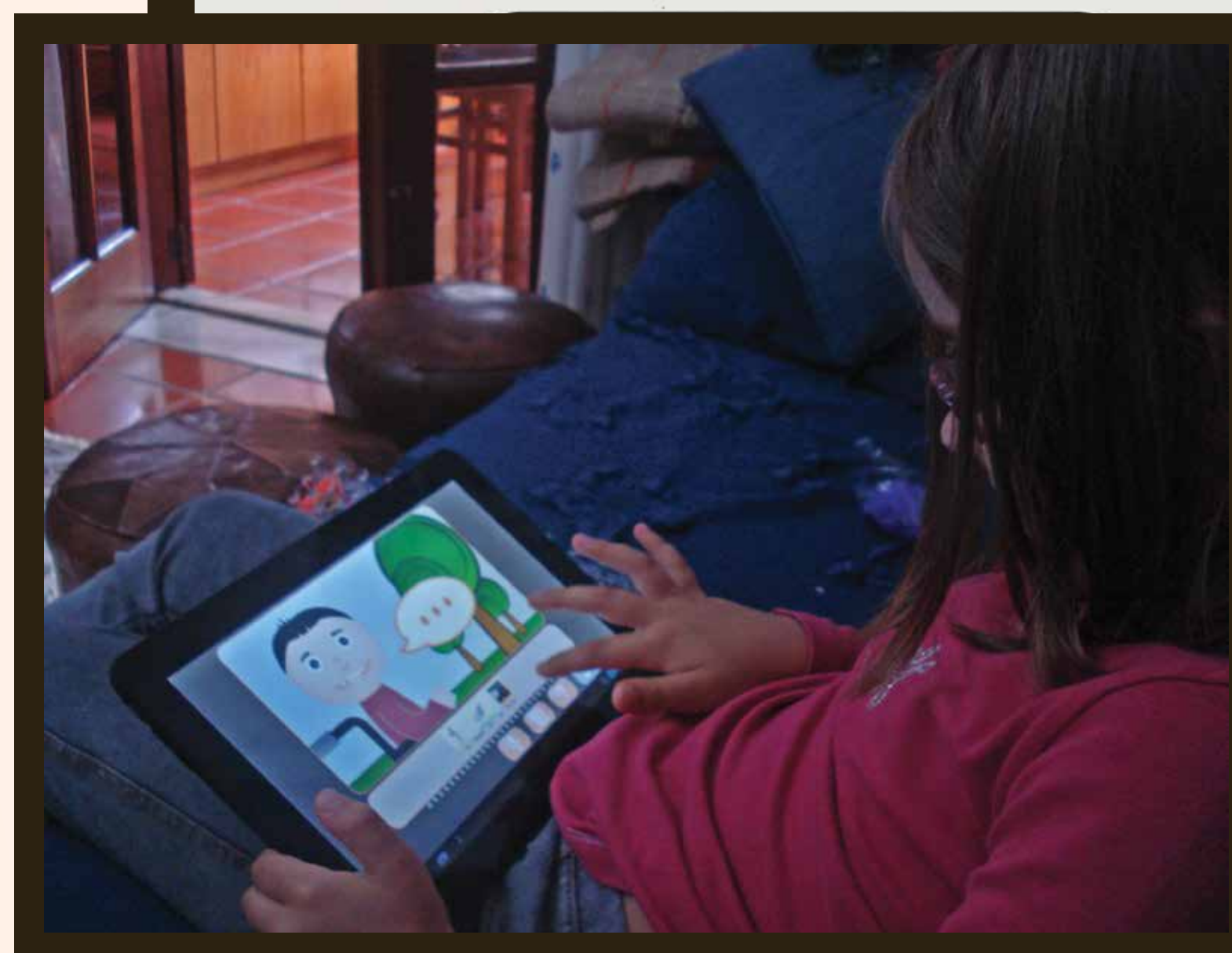
Hi there... I'm **OSCAR FEELS**
 Come and learn how to understand and communicate emotions!

Oscar learns how to understand and communicate emotions

16th Biennial Conference of ISAAC, International Society for Augmentative and Alternative Communication
 July 21 to 24, 2014, Lisbon, Portugal

What?

Emotional literacy is the ability to recognize, understand, manage and adequately express emotions (Faupel & Sharp, 2003). This intrapersonal skill is, frequently, the "weakest link" in social skills programmes, with limited outcomes and impact (Ripley & Simpson, 2007). **OSCAR FEELS** presents as an accessible multiple platform app to promote emotional conversations between pupils and carers... enhancing social competence and deepening relationships.

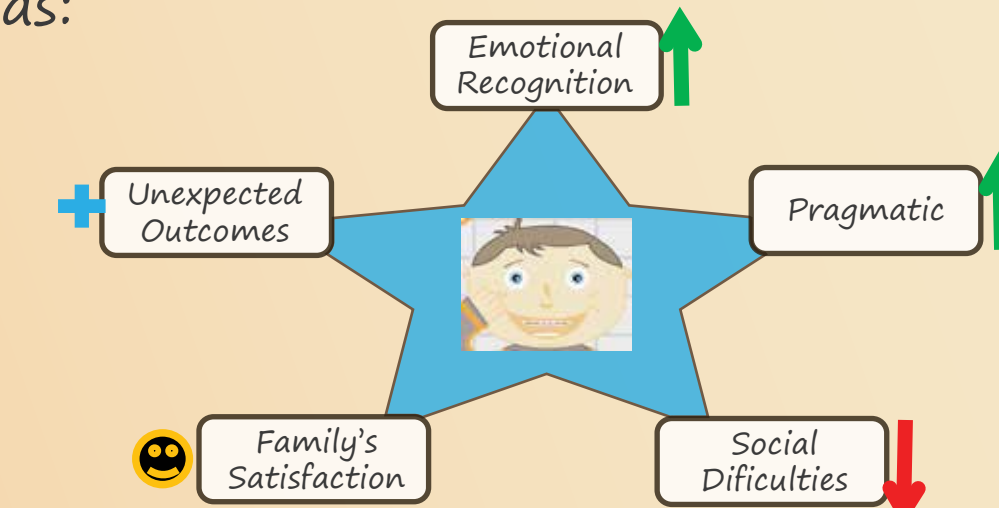


How?

Considering Emotional Literacy, not only as a group of skills, but also as a set of good practices, individual or in a group (Park & Tew, 2007), our aim was to combine this concept with good Communication Access (Connect UK, 2008), turning the abstract universe of emotions accessible and easy to understand by everyone!

Why?

From our first research project, implementing this emotional literacy program with 2 families, outcomes were evident in the following areas:



References

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