A face mask can keep you and other people safe from Coronavirus.

A face mask is something that can cover your face. For example, a mask you use once, a bandana or a scarf.

You **must** wear a face mask when you need to go outside your home.

You do **not** have to wear a face mask if you have a good reason **not** to. For example, a health reason or disability.

Before you put your face mask on wash your hands for 20 seconds.

Make sure the face mask covers your nose and chin.

Wash your hands after you take off your face mask.

It is important to still
- wash your hands
- be 1.5 metres or 2 big steps away from other people
- get tested for Coronavirus if you have symptoms
- stay at home if you do **not** feel well.