

Dare to Dream Turning Your Dreams into Future Realities

An Introduction to ISAAC 2020's Preconference Workshop

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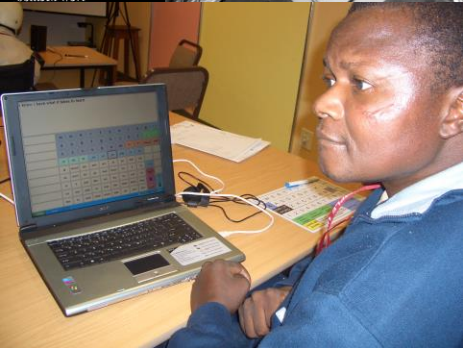
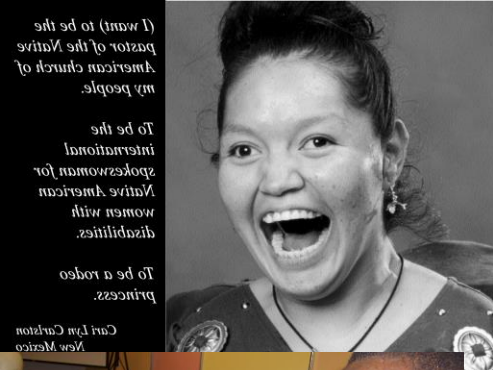
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To be a rodeo princess.
To be a Native American woman with disabilities.
To be the international spokeswoman for Native American women with disabilities.
To be the pastor of the Native American church of my people.

Webinar Objectives

Participants will:

- A. Articulate why dreams are important for all people, including those with disabilities who use AAC.**
- B. Describe how a clear dream can be developed that can be graphically illustrated and shared with others.**
- C. Describe how dreams can be turned into an action plan that includes positive and possible objectives and the needed resources, places to visit, and people to provide needed supports.**
- D. Identify first steps to be taken to begin to turn dreams into future realities and enlist a coach who (a) believes in their dream and (b) commits to supporting them in turning their dream into a reality.**
- E. Discuss why follow-up is critical and how follow-up can be provided**

Years ago I asked young adults with complex communication needs the following question:

“How old were you when someone asked you what you want to do when you grow up?”

How old were you when someone asked you what you want to be when you grow up ????

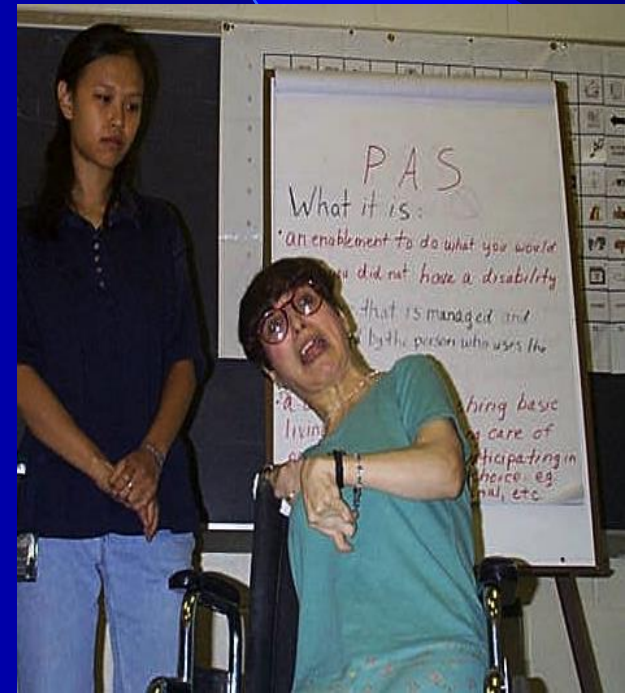
- 0 to 5 years old
- 6 Years old to to 12 years old
- 13 Years old to to 21 years old
- 22+ Adulthood
- No one ever asked me!

Purpose - Dare to Dream

- Planning for tomorrow starts today by envisioning your Dream and taking the first step toward making it a reality.
- This webinar hopes to introduce you to the process of daring to dream

Why Dream?

- Carol Marfisi, teacher, activist, and co-instructor
- "If we don't dream, take our **DREAMS** seriously, make them known, and work towards their fulfillment, then we will live according to someone else's decisions and visions for our lives."



Daring to Dream

- People who have been oppressed, such as those with complex communication needs are at particular risk of
 - Not dreaming about their futures
 - Not voicing their dreams
 - Not having their dreams taken seriously

**Silence is
NEVER
Golden**

Dreams

- **Big** and small
- Non-negotiable
- Somewhat universal.....
 - Relationships
 - Place of one's own
 - Meaningful activities
- Also tied to one's culture



USA,



South Africa, India,



Australia, Canada,



Singapore, Israel



Dare to Dream



Dare to Dream -- Leah & Bev

- “Leah wants to watch soaps 24 hours each day. She wants to subscribe to a soap opera digest.”
- “Bev wants macaroni and cheese for dinner at least once a week.”

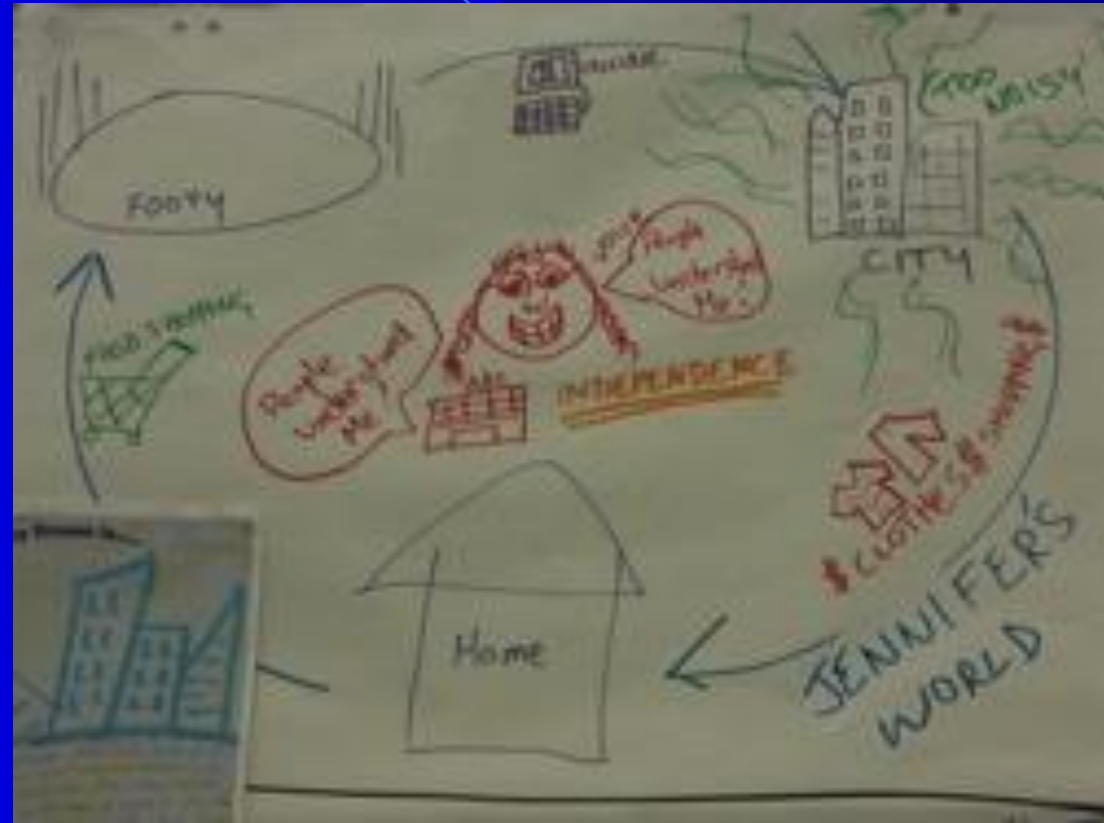


Dare to Dream -- Beth

- ❓ 2008 age 14 at ISAAC Montreal
- To drive my own car
- To live independently in my own home with my own family
- To have a job working in AAC (now planning own business)
- To represent GB in boccia
- To run
- Visit Australia



Dare to Dream -- Jennifer



What is your dream, Jane?
Sell my Art



My dream is (or was).....

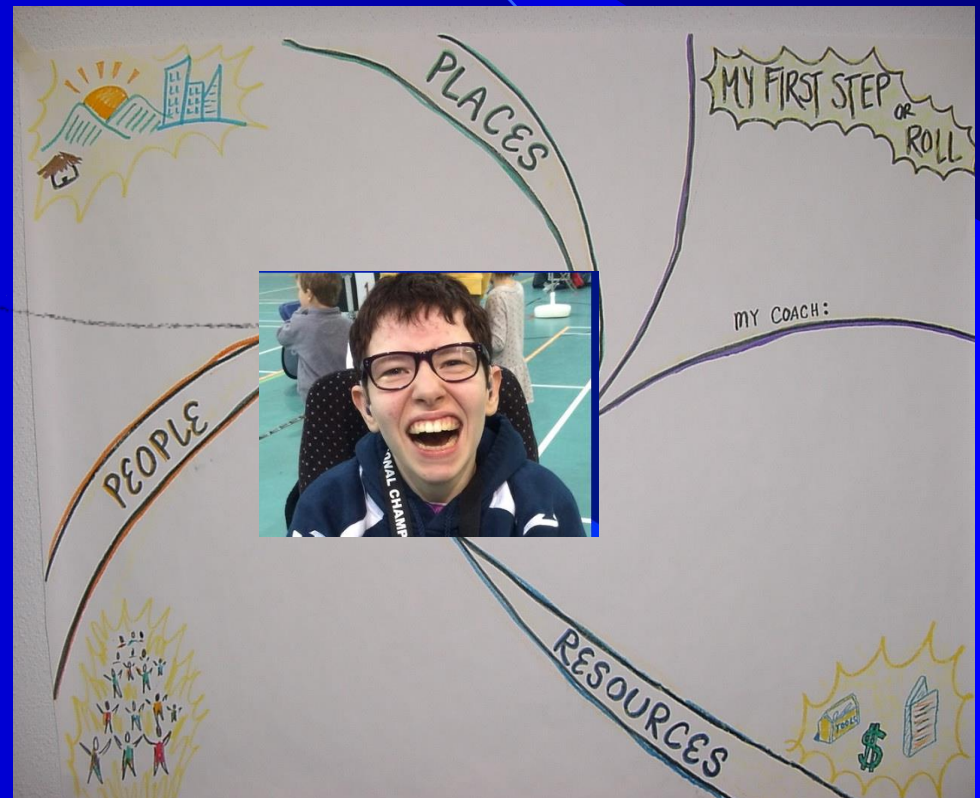
Turning Your Dream into Action

- Take your dream,
- Identify a goal
 - Positive
 - Possible
 - Occur within one year
 - Use ACTION words
- And Identify What Resources, Places, & People are Needed



Beth's One-year Goal...

Complete a
business plan



Jane, can your Dream be accomplished in one Year?

No!

- What is a one-year goal that leads to your dream?



Yes!

- What resources, places, and people will you need?

Goal to sell Art can be done in a year.



Resources

- ☐ Money
- ☐ Materials
- ☐ Books
- ☐ Transportation
- ☐ Time
- ☐ Other?



Places

- ☐ Schools
- ☐ Libraries
- ☐ Art Studios
- ☐ Workplaces
- ☐ Accessible Apartments or home
- ☐ Community Centers
- ☐ Stores
- ☐ Other ??



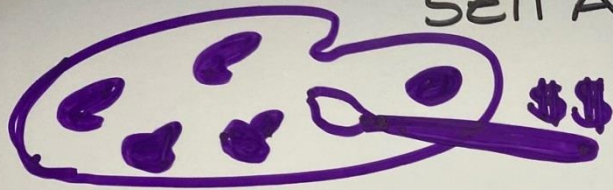
People

- No one does it alone
- Teachers and other professionals
- Carers
- Friends
- Family Members
- Other?



DARE TO DREAM

Sell Art



license
supplies
Art to sell
connections

Where?



Prescott

People



Adriene
Michelle
Chase

Get license

Get Materials

Make Art



Meet gallery
owners &
other artists

Making dreams a reality



Part 3: Taking Your First Step

- Without your first step, your dream will remain just that..... a dream.
- You must take that first step (doable within one to 2 weeks).
- A coach or critical friend is helpful.



Dare to Dream: First Step

Coaching



- To coach comes from the root meaning “to bring a person from where you are to where you want to be.”
- An effective coach is...
- I want my coach to...
- I will communicate with my coach by

Beth's First Step

Beth's first step is to get in place the support people she will need.



Beth's Coach

- Knows me well
- Experienced business person
- Wants me to succeed
- Lives nearby
- Enthusiastic and positive





Dare to Dream: Coach

Follow up is Essential

- Without it, process will not go far
- Many forms
- Frequency
- Plan
 - Progress?
 - Barriers?
 - Possible solutions?
 - Resources needed?



Come to ISAAC 2020



Dare to Dream Pre-conference Workshop



Come with a Partner



Go through the Process



Leave with a dream and an action

Thank you!! Gracias!!
Questions?Preguntas?



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